

Glenpool Elementary
3rd ~ 5th Grade



WARRIOR CAFE'



MONDAY



6 B - Yogurt & Cereal Bar
L - Cheese Enchilada
Spanish Rice
Savory Salsa
Pears
ROTATION A

13
NO SCHOOL

20 B - Biscuit & Gravy
L - Frito Chili Pie
Hot Buttered Corn
Savory Salsa
Pineapples
ROTATION E

27 B - Blueberry Muffin
L - Nacho Supreme
Refried Beans, Salsa
Mixed Fruit
ROTATION B

TUESDAY



7 B - Scrambled Eggs & Hash Browns
L - Pig In A Blanket Golden
Roasted Potatoes
Baked Beans, Peaches
ROTATION B

14 B - Pancake on a Stick
TURKEY SUPREME
Mashed Potatoes & Gravy
Fresh Hot Roll Green Beans
Sunshine Cake
ROTATION A

21 B - Sausage, Egg & Cheese Biscuit
L - Popcorn Chicken
French Fries, Applesauce
Biscuit w/Gravy
ROTATION A

28 B - Sausage Biscuit
L - BBQ Pork Riblet
French Fries
Delicious Pineapples
ROTATION C

WEDNESDAY

1 B - WG Cinnamon Donut
L - Chicken Sliders
French Fries, Romaine Mix
Juicy Pineapples
ROTATION C

8 B - Sausage Roll
L - Mac-n-Cheese
Little Smokies
Warrior Blend Veggies
Hot Roll, Mixed Fruit
ROTATION C

15 B - Breakfast Combo
L - Mandarin Chicken with Brown Rice
Veggie Egg Roll, Peaches
ROTATION B

NO SCHOOL

29 B - Cheese Omelet
L - Chicken Alfredo with Broccoli
Cinnamon Applesauce
Hot Roll
ROTATION D

THURSDAY

2 B - Breakfast Pizza
L - Breaded Steak
Mashed Potatoes & Gravy, Pinto Beans
Mixed Fruit, Roll
ROTATION D

9 B - Yogurt & Uber
L - Chicken Patty
Mashed Potatoes & Gravy, Fresh Hot Roll,
Green Beans, Banana
ROTATION D

16 B - WG Super Donut w/ Sausage
L - Mini Cheeseburgers
Tater Tots
Mixed Fruit
ROTATION C

NO SCHOOL

30 B - Apple Friedul
L - Chicken Nuggets
Mashed Potatoes & Gravy, Green Beans
Peaches, Hot Roll
ROTATION E

FRIDAY

3 B - Waffles & Sausage
L - Grilled Cheese
Tomato Soup
Pineapples
Cowboy Bread
ROTATION E

10 B - Mini Pancakes w/Chicken Rings
L - Cheeese Pizza
Romaine Salad
Sorbet
ROTATION E

17 B - Waffles, Bacon
L - Rotoni Bake
Steamed Broccoli
Hot Roll, Spiced Pears
Rice Krispy Treat
ROTATION D

NO SCHOOL

ADDITIONALLY OFFERED DURING BREAKFAST:

- PIPING HOT BISCUIT or TOAST
- VARIOUS CEREALS
- FRESH WHOLE FRUIT
- 100% FRUIT JUICE
- LOW FAT & FAT FREE MILK

ADDITIONAL REIMBURSABLE* LUNCH ENTREES:

- Mondays - Turkey Flatbread
- Tuesdays - Deli Sandwich
- Wednesdays - Grilled Cheese
- Thursdays - Deli Sandwich
- Fridays - Burritos

ADDITIONAL EVERYDAY ITEMS:

- Farm Fresh Whole Fruit & Vegetables
- Low Fat and Fat Free Milk

*these menu items qualify as a reimbursable meal when 3 of the 5 Meal Components are selected and one component is a Fruit and/or Vegetable

This institution is an equal opportunity provider.

Menu is subject to change.

