



WARRIOR CAFE'

Middle School & High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 B - Yogurt & GG Cereal Bar
L - Pig in a Blanket
Roasted Potatoes
Baked Beans
Spiced Pears

4 B - Scrambled Eggs w/ Toast
L - Taco Burger
Golden Nacho Chips
Savory Salsa
Orange Slices

5 B - Sausage Roll
L - Mac & Cheese
Warrior Blend Veggies
Fresh Hot Baked Roll
Mixed Fruit

6 B - Yogurt w/ Ubr Breakfast Cookie
L - Popcorn Chicken
Mashed Potatoes & Gravy, Fresh Hot Roll
Green Beans, Banana

7 B - Mini Pancakes with Chicken Rings
L - Chilli Cheese Fries
Romaine Salad
Sorbet

10 B - Pancake on a Stick
L - Rotini Bake
Steamed Broccoli
Romaine Salad
Roll, Sweet Pineapple

11 B - Ham & Cheese Breakfast Biscuit
L - Beef & Bean Burrito
Savory Salsa
Happy Greens Salad
Orange Slices

12 B - Breakfast Combo w/ Biscuit
L - Sweet Sour Chicken
WG Brown Rice
Veggie Egg Roll
Delicious Peaches

13 B - WG Super Donut w/ Sausage
L - Chicken Strips
Mashed Potatoes & Gravy, Fresh Hot Roll
Mixed Fruit

14 B - Waffels w/ Bacon
L - Mini Corn Dogs
Golden Tater Tots
Baked Beans
Spiced Pears
WG Rice Krispy Treat

17 B - Sausgae Gravy
L - Spaghetti
Broccoli, Hot Roll
Romaine Salad
Sweet Pineapple

18 B - Sausage Breakfast Biscuit
L - Frito Chili Pie
Savory Salsa
Hot Corn
Peaches

19 B - Yogurt & Strawberry ChexMix
L - Hot Meatball Sub
Seasoned Potatoes
Hi-Protein Pinto Beans
Delicious Grapes

20 B - Breakfast Burrito
L - Steak Fingers
Mashed Potatoes & Gravy, Fresh Hot Roll
Peas, Pineapple

21 B - Cinnamon Roll
L Chicken Pot Pie
Happy Greens Salad
Baby Carrots
Fresh Fruit Cup
Wacky Cake

24 B - Breakfast Pizza
L - BBQ Pork Rib
French Fries
Baked Beans
Delicious Mixed Fruit

25 B - Sausage Breakfast Biscuit
L - Nacho Supreme
Savory Salsa
Apple Slices

26 B - Cheese Omelet
L - Mac & Cheese w/ Diced Ham
Glazed Carrots
Hot Fresh Baked Roll
Spiced Pears

27 B - Apple Fruedal
L - Chicken Filet
Mashed Potatoes & Gravy, Fresh Hot Roll
Sweet Peaches

28 B - Pancakes w/ Sausgae
L - Chili Cheese
Baked Potatoes
Steamed Broccoli
Romaine Salad
Applesuce, WG Cookie

ADDITIONALLY OFFERED DURING BREAKFAST:
VARIOUS CEREALS w/ TOAST
FRESH FRUIT & 100% FRUIT JUICE
LOW FAT & FAT FREE MILK
100% FRUIT JUICE

Additional Reimbursable* Lunch Entrees:
Mondays - Sausage Pizza, Corn Dog
Tuesdays - Sub Sandwich, Hot Dog
Wednesday - Cheese Pizza, Corn Dog
Thursday - Sub Sandwich
Fridays - Pepperoni Pizza, Burritos
DAILY - Gourmet Salads, Cheeseburger

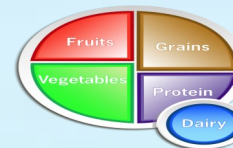
*These menu items qualify as a reimbursable meal when 3 of the 5 components are selected and at least one is a fruit and/or vegetable.

This institution is an equal opportunity provider.

Menu is subject to change.

What Makes a Lunch?

Select 3-5 Components



One component must be a

