

FEBRUARY 2018

Warrior Cafe

MONDAY



Middle & High School
Menu

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5 B - Blueberry Yogurt Blend & Cereal Bar
L - Cheese Enchilada
Spanish Rice
Savory Salsa
Spiced Pears

6 B - Scrambled Eggs & Hash Browns
L - Chicken Nuggets
Mashed Potatoes & Gravy
Sweet Peas
Hot Roll, Orange Slices

7 B - Sausage Roll
L - Macaroni, & Cheese
Little Smokies
Warrior Blend Veggies
Hot Roll
Mixed Fruit

1 B - Breakfast Pizza
L - Breaded Steak
Mashed Potatoes & Gravy
Hot Roll, Pinto Beans
Mixed Fruit

2 B - Mini Waffles & Sausage
L - Chicken Salad Sandwich
Vegetable Soup
Sweet Pineapple
Cowboy Bread

8 B - Yogurt w/ B'fast Bar
L - Roast Beef
Mashed Potatoes & Gravy
Green Beans
Hot Roll
Brainy Banana

9 B - Mini Pancakes & Chicken Rings
L - Piggy-in-a-Blanket
Green Beans
Sweet Peras
WG Rice Krispy Treat

12 B - Pancake on a Stick
L - Beef and Bean Burrito
Savory Salsa
Romaine Salad
Orange Slices

13 B - Ham/Cheese Biscuit
L - Hot Roast Beef
Mashed Potatoes & Gravy
Pinto Beans
Hot Roll, Pineapples

14 B - Breakfast Combo
L - Mandarin Chicken w/ WG Brown Rice
Veggie Egg Roll
Sweet Peaches

15 B - WG Super Donut & Sausage
L - Chicken Strips
Mashed Potatoes & Gravy
Glazed Carrots
Hot Roll, Brainy Banana

16 B - Waffles & Bacon
L - Rotini Bake
Green Beans
Hot Roll
Sweet Pears
WG Rice Krispy Treat

19 B - Biscuit & Sausage Gravy
L - Fritos Chili Pie
Hot Buttered Corn
Savory Salsa
Apple Slices

20 B - Sausage Egg & Cheese Biscuit
L - Mashed Potato
Chicken Bowl with Gravy
Homemade Roll
Applesauce

21 B - Strawberry Yogurt & Chex
L - Hot Meatball Sub
Protein Packed Pinto Beans
Gorgeous Grapes

22 B - Breakfast Burrito
L - Steak Fingers
Mashed Potatoes & Gravy
Sweet Peas
Perk-You-Up Pineapples
Homemade Roll

23 B - WG Cinnamon Roll
L - Chicken Pot Pie
Frozen Fruit Cup
Spinach Salad
Wacky Cake

26 No School

27 B - Sausage Biscuit
L - Breaded Steak
Mashed Potatoes & Gravy
Hot Roll, Pinto Beans
Mixed Fruit

28 B - Cheese Omelet Biscuit
L - Chicken Alfredo
Steamed Broccoli
Applesauce

ADDITIONALLY OFFERED
DURING BREAKFAST:

VARIOUS CEREALS
BISCUIT or TOAST
FRESH FRUIT
100% FRUIT JUICE
LOW FAT & FAT FREE MILK

ADDITIONAL ITEMS
DURING LUNCH:
Farm Fresh Whole
Fruit & Vegetables
Low Fat and Fat Free Milk

This institution is an equal
opportunity provider.

Menu is subject to change.

WILL
you PEAS
be my
VALENTINE?

